



# Welcome!

## Health Ambassadors for a Ready Texas (HART)

**Presenter: Megan Steele**



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**





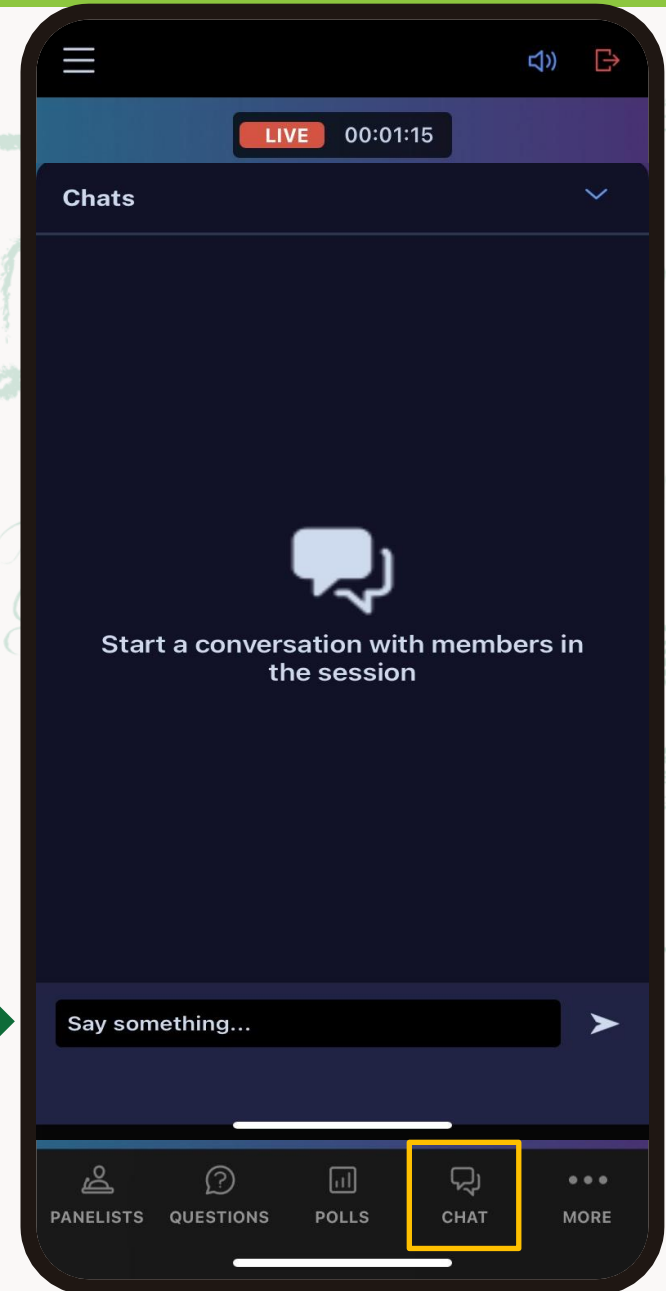
# Acknowledgement Statement

You understand and acknowledge that:

- **The training you are about to take does not cover the entire scope of the program; and that**
- **You are responsible for knowing and understanding all handbooks, manuals, alerts, notices, and guidance, as well as any other forms of communication that provide further guidance, clarification, or instruction on operating the program.**



# Submit ALL Questions Via The App





# HART Initiative

## Overview



## HART Background

- Started 2019
- Evolution of Initiative
- Purpose
- Impact
- Recognition



HEALTH AMBASSADORS  
FOR A READY TEXAS



# Who, What, When, Where, How?



# Who is Involved?

## Students

High school students in districts that participate in National School Lunch Program and School Breakfast Program

- Individuals
- Groups

## Advisors

Adults on campus with student participants

- Teachers
- Coaches
- School nurse
- Agri-Life Extension agents

## Child Nutrition Staff

- CND
- Cafeteria staff





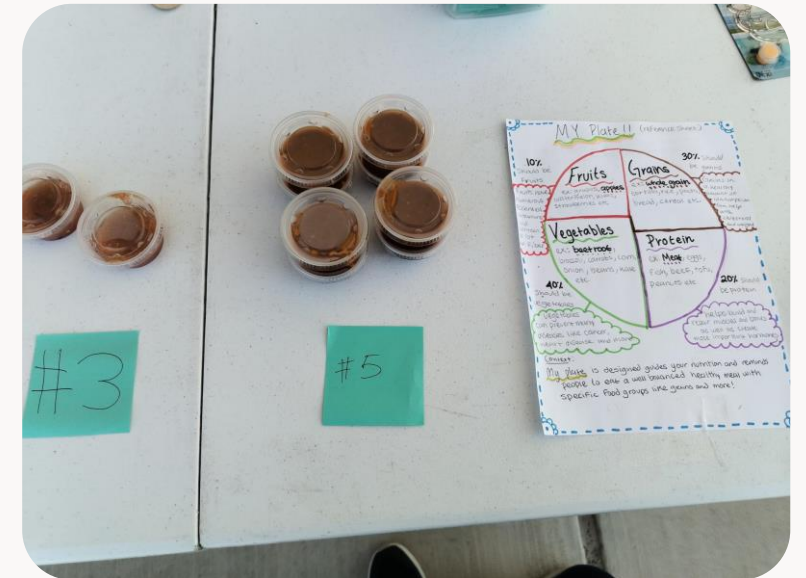
# What are Their Roles?

## Students

Complete projects that promote or celebrate school meals and Texas agriculture

## Advisors

- Liaison
- Sounding board
- Provide motivation



## Child Nutrition Directors

Work with students and advisors





# When to Participate?

## Students

- Monthly projects \*OR\*
- Long-term projects
- Bi-monthly calls w/TDA

## Advisors

- Monthly check-ins with students
- Bi-monthly calls with TDA

## Child Nutrition Directors

- Dependent on project
- Bi-monthly calls w/TDA



# Where are Activities?

## Campus

- Home campus
- Demonstrations at other schools
- Halls and classrooms

## Cafeteria

- Taste tests
- School Lunch Hero Day

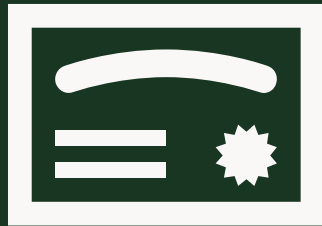
## Outdoors

- School garden
- Planted seeds





# How to Earn Recognition?



## Complete Projects

- 6 monthly projects
- One long-term project
- October mandatory for monthly project option

## Fill out Progress Reports

- Monthly is best
- Tracked monthly
- Can attach tracker
- Will initiate due dates next year

## Earn Recognition

- Certificate and letter signed by CSM
- HART logo patch
- HART logo pin

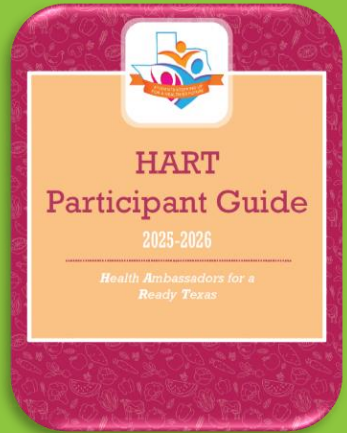


# Tools

Help Students Complete Projects



# Available Tools For Students



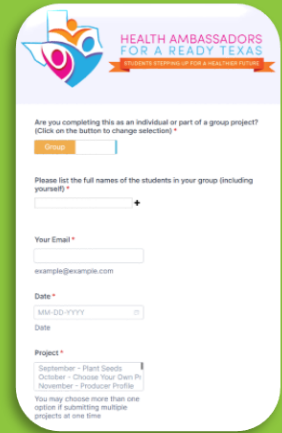
Participant Guide



Trackers



Templates



Progress Reports

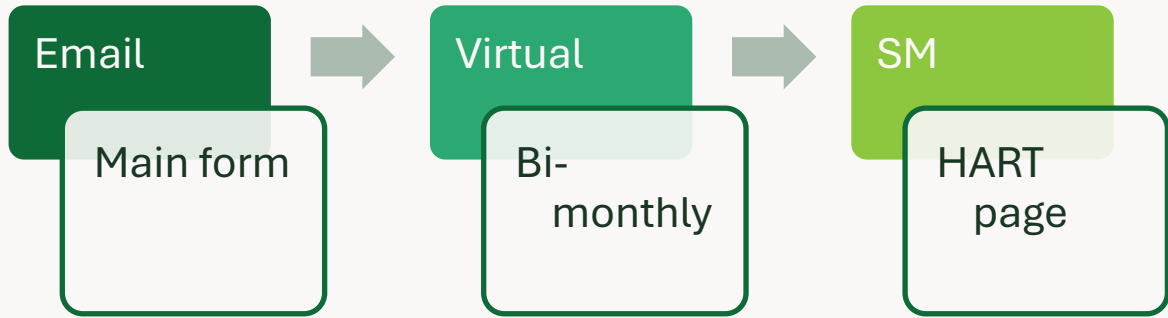


# Communication

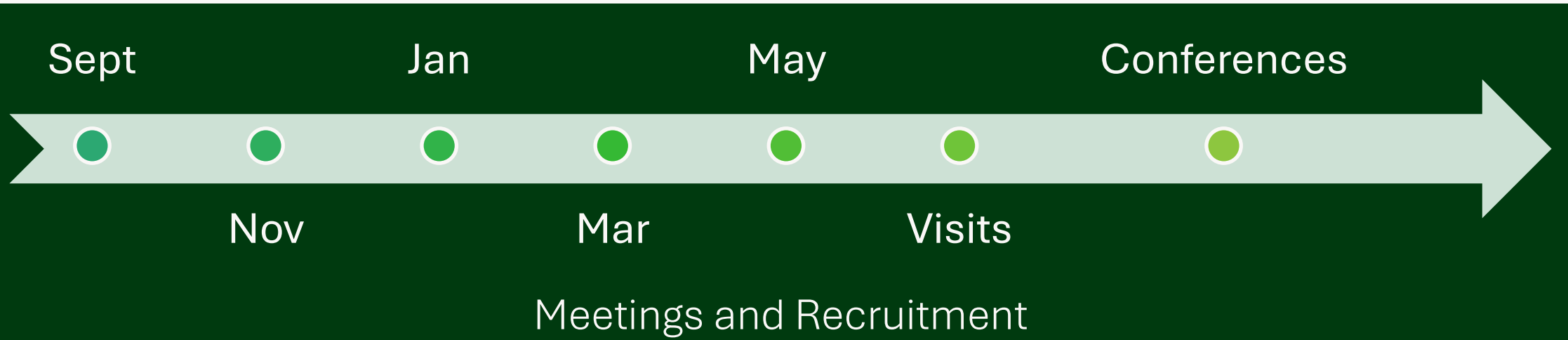
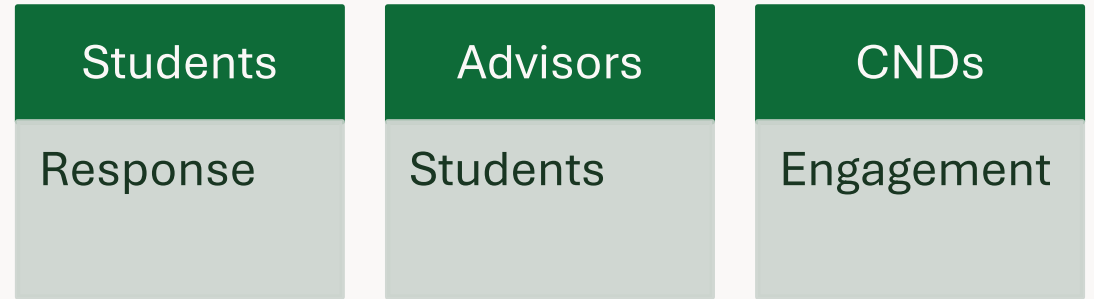
## Forms and Challenges



### Forms of Communication



### Challenges





# Why?

Your District Should Participate





Why?

## Increased Participation

- Reported increase

## Student Engagement

- Peers
- Learning
- Experience

## Feedback

- Meals
- Local foods
- Parents





# Q&A

A large, central graphic for a Q&A session. The text 'Q&A' is rendered in a large, white, sans-serif font with a slight drop shadow, centered on a dark green circular background. Surrounding this central element are several other circles of varying sizes and shades of green (from light to dark). Many of these circles contain a white question mark, creating a cloud-like effect of questions. The overall composition is centered and occupies most of the slide's width.



# Leave Us Feedback In The App!



2:03 LTE 95%

Skip Submit

Session feedback

1. Session Rating \*

★ ★ ★ ★ ★

2. The content is relevant to my current role and applicable to my daily work

Agree  
 Disagree

3. I feel confident in applying the knowledge gained in this presentation. \*

Agree  
 Disagree

4. The presenter's delivery of the content was effective. \*

Agree  
 Disagree

5. The session was engaging and interactive.

Agree  
 Disagree

6. The presenter encouraged questions and discussions.

Agree  
 Disagree



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